

MIRCIM 2017

3rd McMaster International
Review Course
in Internal Medicine



The State of the Art in Internal Medicine

ICE Congress Centre
Kraków, Poland
12–13 May 2017

www.mircim.eu

Organizers	McMaster University Department of Medicine Hamilton, Canada
	Medycyna Praktyczna Kraków, Poland
Organized in collaboration with	Jagiellonian University Medical College
	Polish Society of Internal Medicine
Official endorsement	European Federation of Internal Medicine
	International Society of Internal Medicine
Honorary patronage	Stanisław Karczewski Marshal of the Senate, Republic of Poland
	Jarosław Gowin Deputy Prime Minister, Ministry of Science and Higher Education, Republic of Poland
	Witold Waszczykowski Minister of Foreign Affairs, Republic of Poland
	Konstanty Radziwiłł Minister of Health, Republic of Poland
	Józef Pilch Voivode of the Małopolska Region
	Jacek Krupa Marshal of the Małopolska Region
	Jacek Majchrowski Mayor of the City of Kraków
	Wojciech Nowak Rector of the Jagiellonian University

Dear Colleagues,

We are delighted to invite you to the 3rd McMaster International Review Course in Internal Medicine (MIRCIM), which will take place in Kraków, Poland, on May 12 and 13 (Friday and Saturday), 2017.

MIRCIM is organised by the McMaster University Department of Medicine, the birthplace of evidence-based medicine (EBM) and problem-based learning (PBL), in collaboration with Jagiellonian University Medical College and the Polish Society of Internal Medicine.

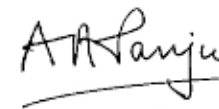
In 2017, for the first time, the course will be accompanied by satellite events on May 11 (Thursday): a conference on evidence-based medicine supervised by Professor Gordon Guyatt and a series of practical workshops for physicians. All events will again take place in the ICE Kraków Congress Centre, located conveniently in the vicinity of Kraków's famous tourist attractions and well-communicated with the airport, which offers excellent connections with many European cities.

The 20-minute lectures will be delivered by outstanding experts, from authors of clinical practice guidelines to researchers behind the breakthrough trials that shape the modern standards in medicine. Our aim is to deliver up-to-date and reliable knowledge that is useful to general internists, subspecialists, hospitalists, family physicians, residents and fellows in training specialising in internal medicine – and we are proud to say that we have been quite successful in achieving this goal.

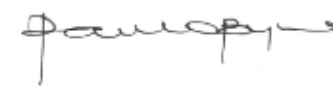
In 2016, MIRCIM attracted over 500 participants from nearly 30 countries, from Canada to Korea and New Zealand. The overall rating of the course averaged 4.7 out of 5 points, with the majority of the surveyed highly praising the topic selection, quality of the lectures and overall organization of the course.

We will do everything in our power to make MIRCIM 2017 even better than the previous editions and make your stay an educational and memorable experience. We look forward to seeing you in Kraków in May 2017.

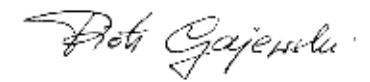
Co-chairs of the Organizing Committee



Akbar Panju
MB ChB FRCP(C)
FRCP(Edin)
FRCP(Glasg) FACP



Paul O'Byrne
MB FRCP(C) FRSC



Piotr Gajewski
MD PhD FACP

Speakers



Prof. Waleed Alhazzani
McMaster University,
Canada



Prof. Andrew Boulton
University of Manchester, UK



Prof. Bernd W. Böttiger
University Hospital
of Cologne, Germany



Prof. John Camm
St George's, University
of London, UK



Prof. Mark Crowther
McMaster University,
Canada



Prof. Bhaskar Dasgupta
Southend University
Hospital, UK



Prof. P.J. Devereaux
McMaster University,
Canada



Prof. Julian Dobranowski
McMaster University,
Canada



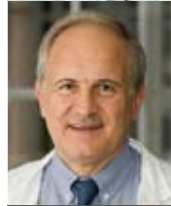
Prof. James Douketis
McMaster University,
Canada



Prof. John Eikelboom
McMaster University,
Canada



Prof. Jürgen Floege
RWTH Aachen University,
Germany



Prof. Pere Ginès
University of Barcelona,
Spain



Prof. Ian Graham
Trinity College Dublin,
Ireland



Prof. Gordon Guyatt
McMaster University,
Canada



Prof. Roman Jaeschke
McMaster University,
Canada



Prof. Janusz Jankowski
University of Central
Lancashire, UK



Prof. Christine Lee
McMaster University,
Canada



Prof. Jenny Legassie
McMaster University,
Canada



Prof. Mark Loeb
McMaster University,
Canada



Prof. Peter Malfertheiner
Otto-von-Guericke University
of Magdeburg, Germany



Prof. Franz H. Messerli
Icahn School of Medicine
at Mount Sinai, USA



Prof. Paul Moayyedi
McMaster University,
Canada



Prof. Victor M. Montori
Mayo Clinic, USA



Prof. George Nuki
University of Edinburgh, UK



Prof. Paul O'Byrne
McMaster University,
Canada



Prof. Wieslaw Oczkowski
McMaster University,
Canada



Prof. Dan Perri
McMaster University,
Canada



Prof. Piotr Ponikowski
Wroclaw Medical University,
Poland



**Prof. René Rodríguez-
-Gutiérrez**
Mayo Clinic, USA



Prof. Jacky Smith
University of Manchester, UK



Prof. Filip Van den Bosch
Ghent University, Belgium



Prof. Jadwiga Wedzicha
Imperial College London, UK



Prof. Jeffrey Weitz
McMaster University,
Canada

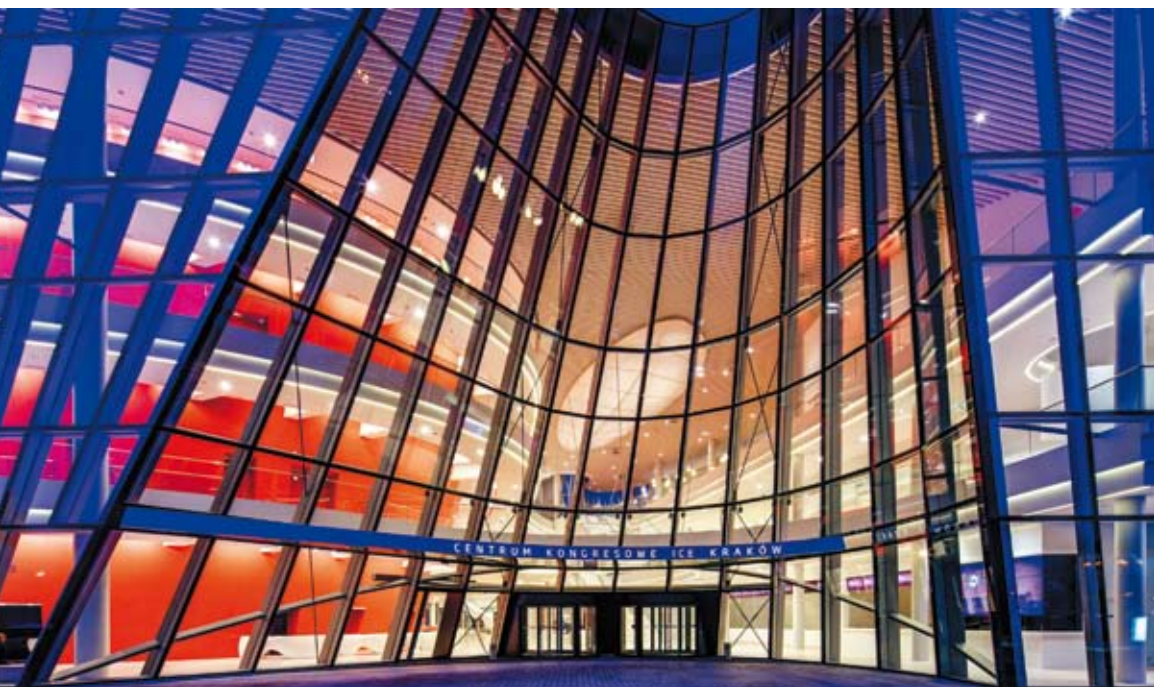
Day 1

Friday,
May 12

- 8.00–8.10 **Welcome and introductions**
MIRCIM Co-chairs: Prof. Akbar Panju,
Prof. Paul O'Byrne, Dr. Piotr Gajewski
- 8.10–8.30 **How to avoid being misled by the
medical literature**
Prof. Gordon Guyatt (McMaster University,
Canada)
- 8.30–8.50 **Dual and triple antithrombotic
therapies: current patterns of practice
and controversies**
Prof. John Eikelboom (McMaster University,
Canada)
- 8.50–9.10 **Anticoagulation after a VTE episode:
when is it necessary, for how long
and which drug to use**
Prof. Jeffrey Weitz (McMaster University,
Canada)
- 9.10–9.30 **When to restart anticoagulants after
a bleeding event**
Prof. James Douketis (McMaster University,
Canada)

- 9.30–9.50 **Monoclonal gammopathies: when and
how to investigate**
Prof. Mark Crowther (McMaster University,
Canada)
- 9.50–10.20 **Panel discussion**
- 10.20–10.40 Refreshment break
- 10.40–11.00 **Giant cell arteritis and other large
vessel vasculitis**
Prof. Bhaskar Dasgupta (Southend
University Hospital, UK)
- 11.00–11.20 **Extra-articular manifestations
in spondyloarthritis**
Prof. Filip Van den Bosch (Ghent
University, Belgium)
- 11.20–11.40 **Current management of gout**
Prof. George Nuki (University of Edinburgh,
UK)
- 11.40–12.00 **Opioids in the treatment of chronic
pain**
Prof. Jenny Legassie (McMaster University,
Canada)
- 12.00–12.30 **Panel discussion**
- 12.30–13.30 Lunch break
- 13.30–13.50 **How can we improve survival after
cardiac arrest: focus on
postresuscitation care**
Prof. Bernd W. Böttiger (University Hospital
of Cologne, Germany)
- 13.50–14.10 **Atrial fibrillation: key decisions in
everyday practice**
Prof. John Camm (St George's, University
of London, UK)
- 14.10–14.30 **Management of chronic heart failure:
what should we change in our practice**
Prof. Piotr Ponikowski (Wroclaw Medical
University, Poland)

- 14.30–14.50 **Current treatment of dyslipidemia**
Prof. Ian Graham (Trinity College Dublin,
Ireland)
- 14.50–15.20 **Panel discussion**
- 15.20–15.40 Refreshment break
- 15.40–16.00 **How to treat arterial hypertension
in elderly people**
Prof. Franz H. Messerli (Icahn School
of Medicine at Mount Sinai, USA)
- 16.00–16.20 **New approach to perioperative
cardiovascular care: a task for
internists**
Prof. P.J. Devereaux (McMaster University,
Canada)
- 16.20–16.40 **Nephrotic syndrome in adults: current
management**
Prof. Jürgen Floege (RWTH Aachen
University, Germany)
- 16.40–17.00 **Prevention and management of
diabetic foot: can we do more to limit
amputations**
Prof. Andrew Boulton (University of
Manchester, UK)
- 17.00–17.30 **Panel discussion**



Saturday, May 13

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| <p>8.00–8.10 Welcome to day 2
MIRCIM Co-chairs: Prof. Akbar Panju,
Prof. Paul O'Byrne, Dr. Piotr Gajewski</p> <p>8.10–8.30 Current management of dyspepsia
Prof. Peter Malfertheiner
(Otto-von-Guericke University
of Magdeburg, Germany)</p> <p>8.30–8.50 Current management of acute
nonvariceal gastrointestinal bleeding
Prof. Janusz Jankowski (University
of Central Lancashire, UK)</p> <p>8.50–9.10 Approach to a patient with
decompensated liver cirrhosis
Prof. Pere Ginès (University of Barcelona,
Spain)</p> <p>9.10–9.30 How to manage incidental pancreatic
cysts in an evidence-based era
Prof. Paul Moayyedi (McMaster University,
Canada)</p> <p>9.30–9.50 Current management of <i>Clostridium
difficile</i> infection
Prof. Christine Lee (McMaster University,
Canada)</p> <p>9.50–10.20 Panel discussion</p> <p>10.20–10.40 Refreshment break</p> <p>10.40–11.00 Approach to a patient with chronic
cough
Prof. Jacky Smith (University of Manchester,
UK)</p> <p>11.00–11.20 Current treatment of COPD
Prof. Jadwiga Wedzicha (Imperial College
London, UK)</p> <p>11.20–11.40 Biologics for the treatment of severe
refractory asthma
Prof. Paul O'Byrne (McMaster University,
Canada)</p> | <p>11.40–12.00 Radiological screening for pulmonary
cancer: whom and how to screen
Prof. Julian Dobranowski (McMaster
University, Canada)</p> <p>12.00–12.30 Panel discussion</p> <p>12.30–13.30 Lunch break</p> <p>13.30–13.50 Treatment of type 2 diabetes and
shared decision making
Prof. Victor M. Montori (Mayo Clinic, USA)</p> <p>13.50–14.10 Subclinical hypothyroidism: treating
the number or the individual?
Prof. René Rodríguez-Gutiérrez
(Mayo Clinic, USA)</p> <p>14.10–14.30 Approach to incidentally discovered
adrenal mass
Prof. René Rodríguez-Gutiérrez
(Mayo Clinic, USA)</p> <p>14.30–14.50 McMaster Textbook of Internal
Medicine for course participants
Prof. Roman Jaeschke (McMaster
University, Canada)</p> | <p>14.50–15.20 Panel discussion</p> <p>15.20–15.40 Refreshment break</p> <p>15.40–16.00 Choosing antibiotics wisely
Prof. Mark Loeb (McMaster University,
Canada)</p> <p>16.00–16.20 Update on management of septic shock
Prof. Waleed Alhazzani (McMaster
University, Canada)</p> <p>16.20–16.40 Neurological emergencies: not to be
missed
Prof. Wiesław Oczkowski (McMaster
University, Canada)</p> <p>16.40–17.00 How to approach a patient with
an overdose of new designer drugs
Prof. Dan Perri (McMaster University,
Canada)</p> <p>17.00–17.30 Panel discussion</p> <p>17.30–17.40 Closing remarks</p> |
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Thursday,
May 11

Clinical workshops

- Effective therapy of type 2 diabetes mellitus
- Electrocardiography in acutely ill patients
- How to read a chest X-ray: primer for non-radiologists
- Ultrasound in rheumatology: small joint examination course
- Compression ultrasound in diagnosing deep vein thrombosis
- Point-of-care ultrasound
- Current and future management of cystic fibrosis

For workshops description, visit www.mircim.eu

Evidence-based medicine (EBM) and clinical practice guidelines in contemporary medicine

Conference & workshops

- 10.00–10.10 **Introduction**
- 10.10–10.30 **Our deceptive mind: why reasoning methods matter**
Prof. Gordon Guyatt *
- 10.30–10.50 **Basic language of EBM and clinical practice guidelines**
Prof. Roman Jaeschke *
- 10.50–11.10 **NNT, NNF, Fragility Index, CI: how to understand these numbers**
Prof. P.J. Devereaux *
- 11.10–11.30 **What is the best way to achieve quality assurance**
Prof. Gordon Guyatt *
- 11.30–12.00 Refreshment break
- 12.00–12.20 **How to avoid being misled by clinical trials**
Prof. Victor M. Montori **
- 12.20–12.40 **Summarizing the evidence: from questions to facts**
Prof. Gordon Guyatt *
- 12.40–13.00 **How to develop trustworthy clinical practice guidelines**
Prof. Waleed Alhazzani *
- 13.00–13.20 **EBM, clinical practice guidelines and the patient revolution**
Prof. Victor M. Montori **
- 13.20–14.00 **Questions and answers**
- 14.00–15.00 Lunch break
- 15.00–17.00 **EBM workshops**

12–13 May 2017
ICE Congress Centre, Kraków, Poland
www.icekrakow.pl

Fees Regular fee: 280 €
Reduced fee* and early bird fee (till January 31, 2017): 200 €
Students: 120 € (group rate: 70 €; please contact MIRCIM secretariat)

Individual on-line live participation:
Regular fee: 100 €
Reduced fee*: 80 €
Package fee: Individual on-line live participation in both EBM conference and MIRCIM: 120 €

* Reduced fees apply to:

- Members of partner societies
- Participants of MIRCIM 2016
- Low/middle income countries (visit www.mircim.eu for details)
- Residents/nurses/other health professionals

Satellite events

Evidence-based medicine (EBM) and clinical practice guidelines in contemporary healthcare – conference: 80 € (free for MIRCIM participants and members of the Polish Chamber of Physicians and Dentists, registration required)

Individual on-line live participation:
Regular fee: 40 €
Package fee: Individual on-line live participation in both EBM conference and MIRCIM: 120 €

EBM workshops (fee per 1 workshop): 60 €
(30 € for MIRCIM participants)

Clinical workshops: For details, visit www.mircim.eu

Please note that each workshop will accept a limited number of participants

Register

On-line: www.mircim.eu
By e-mail: secretariat@mircim.eu
By phone: +48 12 211 22 39

Course secretariat

ul. Gazowa 14a budynek C, 31-060 Kraków, Poland

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Paweł Krawczyk / Municipality of Kraków archives

ICE Kraków Congress Centre photos
Wojciech Wandzel, www.wandzelphoto.com

